

Fresh. / Soph. Timeline



WELCOME TO FRESHMAN YEAR!

Welcome to OLMA! We're so excited to have you join our community. As you begin your high school journey, know that OLMA's Counseling is here to support you every step of the way academically, socially, and emotionally. We'll help you navigate these next four years with confidence and care.

- Get involved!
 - Meet your counselor!
 - Take the PSATs (All students grades 9-11 will take during the Fall at OLMA)
 - Participate in Career Day
 - Get acquainted with SCOIR
 - Enhance studying skills and class performance
 - Keep a log of your service hours
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WELCOME TO SOPHOMORE YEAR!

You're one step closer to college, and this year is all about building on what you've started.

It's a great time to explore your interests, stay involved in activities you enjoy, and start thinking more seriously about your college goals. Visiting campuses and connecting with peers will help you make the most of this important year—and OLMA's Counseling Team is here to support you every step of the way.

- Utilize Khan Academy to prepare for PSAT
- Take the PSATs (All students grades 9-11 will take during the Fall at OLMA)
- Participate in Career Day
- Take a Career Inventory assessment
- Continue to log your services hours
- Start to visit colleges